



MICRO-GRANT INFORMATION SESSION: YOUTH

October 7, 2026,
6:00-7:00 PM

WELCOME!



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What is RE.sport?

RE.sport is working to reimagine and rebuild youth sport in Canada.

We bring together:

- ✓ Youth voices
- ✓ Community sport leaders
- ✓ Researchers



Our goal is to help create a sport and physical activity system for youth that is:

- ✓ More welcoming
- ✓ Safer for everyone
- ✓ More fair for everyone
- ✓ More inclusive

KPE
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UofT



SSHRC CRSH
Social Sciences and Humanities Research Council of Canada
Conseil de recherches en sciences humaines du Canada

What are Micro-grants?

Micro-grants are small amounts of money that organizations, groups, individuals, and teams may apply for. Our RE.sport grants can award you up to **\$500** if you are a successful applicant.

The RE.sport Micro-Grant Program provides money to support NEW sport and physical activity programs, community projects, educational programs, and projects that use sport and recreation to make a positive difference in the community.



Commitment to Diversity

When people create new sport programs, we want them to think about the different experiences kids might have. Some kids may face barriers because of things like:

We care a lot about **Equity, Diversity, Inclusion, and Accessibility**. That means we want every young person to have a fair chance to play sports, no matter who they are or what challenges they face.

- Their **gender**
- Their **body size or shape**
- Their **family's income**
- Being **Indigenous**
- Having a **disability**
- Their **race or background**

These things might make it harder for some kids to join sports, and we want to help change that.



How This Works

1. Apply.

Tell us about your idea.



2. Get Funded

Successful applicants are notified and receive their grant.



3. Bring It to Life

Run your initiative with support from the RE.sport team.



4. Share Your Story

Tell us how it went and what you learned.



The Application

You will be asked to provide the following:

- If you meet the requirements to receive the grant
- Your consent to participate in the research study, reviewed with you and your caregiver
- General information about you
- Your plan for the initiative and why you want to do it
- Your timeline and the activities you plan to complete
- How you plan to use the grant money
- How you will know if your initiative was successful
- What support you may need from us



Application Walk Through

*You need to apply with an adult support person (parent, teacher, coach). If you don't have someone to apply with, don't worry, just let us know and we will help you find a support person.

*You are expected to get at least 4–5 youth involved in your new initiative.
1–3 youth can serve as youth leaders
The remaining youth will participate in the initiative

*Plan for an initiative lasting up to 8 Months (January to August 2027)



How Can You Think of an Initiative?

Before you apply, ask yourself: What is missing?

1. Is there a sport your community doesn't have access to?
2. Are there young people who don't feel welcome in existing programs?
3. Is cost preventing people from participating?
4. Do your friends or classmates want more opportunities to be active?
5. Is there a group of young people who aren't being reached by existing programs?



What Makes a Strong Idea?

Strong Ideas....

1. Are NEW
2. Get young people active
3. Respond to your community
4. Are do-able
5. Come from YOU

What Can the \$500 Help You Do?

- Buy sport and physical activity equipment (e.g., balls, protective gear)
- Facility rentals (e.g., gym space, fields)
- Transportation (e.g., bus rentals, transit passes)
- Initiative supplies (e.g., cones, training materials, snacks)
- Marketing and outreach (e.g., posters, social media promotion)
- Accessibility supports (e.g., adaptive equipment, translation)
- Paying a coach, instructor, or guest speaker



Ineligible Expenses

- Buying things just for yourself (personal use)
- Paying yourself or your friends
- Expenses not related to your initiative
- Things bought before you received the funding



We're here to help!

We provide:

- Guidance
- Check-ins
- Support

- If your project is funded, you will have access to the RE.sport team the whole time!
- We will help as you work through your project.
- You decide how much support you need.
- You bring the idea and lead the project.
- We're here to help along the way.



Important Dates



September 1, 2026 Applications open



October 30, 2026 Application deadline



November 30, 2026 Notification of decision



Youth-funded projects can run
for up to 8 months.

January 15, 2027 Initiatives and funding begin



Questions?



RE.sport website



Application





Thank you!

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